

CLASS	DESCRIPTION	DAY	TIME	AGES	INSTRUCTOR	TUITION
CREATIVE MOVEMENT	Dancers will explore the basics of ballet, jazz, and Acro dance styles in a creative, fun, and developmentally appropriate way. Dancers will participate in both gross motor and rhythmic dances, exploratory games and activities. In addition to dance skills, this class also offers an introduction to valuable "how to take class" skills such as listening, taking turns, standing in line, and following directions.	Monday	2:00-2:45 pm	3-5	Jeannie	\$200 for Spring Session (Jan - May) including Dance Showcase on 5/14/22
		Friday	10:30 - 11:15 am	3-5	Marty	\$200 for Spring Session (Jan - May) including Dance Showcase on 5/14/22
		Friday	12:45 - 1:30 pm	3-5	Jeannie	\$200 for Spring Session (Jan - May) including Dance Showcase on 5/14/22
INTRO TO DANCE	Dancers will be exposed to the basics of ballet, jazz, hip hop, lyrical, and Acro dance styles. Each week will consist of a different type of warm up, across the floor technique, and a short dance in one of the above styles of dance. It's an exciting exploration where dancers experience the diversity of each dance genre....and hopefully find a fit that's authentic to their unique personality!	Friday	11:30 am - 12:30 pm	6-10	Jeannie	\$250 for Spring Session (Jan - May) including Dance Showcase on 5/14/22
LYRICAL 1	Lyrical dance is one of the most popular forms of dance for young people. It combines the technique of ballet with more expressive forms of contemporary dance. This is an introductory class so no experience is necessary. Ballet experience is helpful, but students will get some ballet instruction in this class. This class may be taken in conjunction with ballet studies or as a precursor to ballet.	Monday	4:15 - 5:15 pm	8-12	Jeannie	\$250 for Spring Session (Jan - May) including Dance Showcase on 5/14/22
BALLET 1	This is for dancers who are new to ballet. If your child wants to see how the beauty and discipline of ballet feels, this is the perfect class! We explore ballet through a mix of exercises and games that work to introduce basic positions and terminology while keeping it fun and creative. We work to strengthen the ankles, back and core, open flexibility and coordinate the total picture of each step. In a larger sense, we seek to invigorate the child's knowledge and hopefully love of ballet, as well as their sense of showmanship and presenting themselves.	Tuesday	4:15 - 5:15 pm	6-10	Marty	\$250 for Spring Session (Jan - May) including Dance Showcase on 5/14/22
JAZZ 1	This level is for dancers who have some experience with beginner jazz and/or ballet. It's a playful, energetic class where students are introduced to basic steps, coordination and style! We work on flexibility, strength, picking up patterns, rhythm and showing off your unique personality through dance. Our class emphasis is to help each dancer have a technical baseline and to light up the child's love of dance!	Wednesday	4:15 - 5:15 pm	8-12	Jeannie	\$250 for Spring Session (Jan - May) including Dance Showcase on 5/14/22
DANCE CLUB	Dance Club is a great way to blow off some steam and learn a few new steps at the same time. Students in Dance Club will explore all forms of dance including more contemporary styles like Jazz, Hip Hop, Acro and Contemporary. in a more relaxed setting. Students will be encouraged to improvise and will collectively choreograph a number for the spring showcase under the leadership of a professional dance instructor. This is also an opportunity to practice steps and routines from other classes dancers are taking at the Hayden Community Center with supervision.	Monday	5:30 - 6:30 pm	10 and up	Jeannie	\$250 for Spring Session (Jan - May) including Dance Showcase on 5/14/22
TAP	Tap is a really fun class designed to introduce dancers who have little to no experience in the genre. We teach them fundamental vocabulary and help them develop their sense of rhythm and style! Students will begin by learning classic Broadway style tap. Exercises focus on building stability of the knees and ankles, developing coordination and showmanship! Our class emphasis is on developing a baseline of proper tap technique, producing clear tap sounds, and having a ton of fun!	Saturday	11:00 - 12:00 pm	All Ages	Ben	\$250 for Spring Session (Jan - May) including Dance Showcase on 5/14/22
HIP HOP	This 18+ class will focus on basic hip hop movement and will include warm up, choreography and cool down. We will explore multiple genres of hip hop and take the time to break down movement. We will focus on finding your own style and groove and build up your choreography retention. This class is perfect for people who have never taken hip hop before!	Friday	6:45 pm - 7:45 pm	18+	Mandy	\$48 for 4-week January session (1/7, 1/14, 1/21 & 1/28)
CONTEMPORARY/ IMPROVISATION	Contemporary dance styles and techniques and developing improvisational skills. Students will develop technical skills and artistic expression through floor and standing exercises, traveling movements and musicality developing a piece to be performed. No previous experience necessary, just an open mind and commitment to work	Monday	6:45 pm - 7:45 pm	11 -17	Bill	\$250 for Spring Session (Jan - May) including Dance Showcase on 5/14/22

Start week of 1/10/2022 - end 5/14/22 **no classes week of Spring Break, Spring Showcase on 5/14/22

*10% Discount for HC Members, siblings, or multiple enrollments (maximum of 10% discount even if you meet several criteria)

**Scholarships are available. Monthly payments can also be scheduled.